

THANKSGIVING

WITH THE

LORD'S TABLE

(Epworth United Methodist)

The Lord's Table has asked us to collect the following:

Any dry mix drinks: iced tea, lemonade etc.; Canned soups: cream of mushroom, chicken tomato, chicken noodle, beef, vegetable, or chowder, Canned vegetables: tomatoes, any kind, corn, whole or creamed, green beans, peas, or mixed vegetables.

If it is easier for you, cash or checks made out to JFD, LLC with "The Lord's Table" written on the memo line can be handed to Coach Flaherty or English

Please place in the designated box at the pool.



"Sing praise to the Lord, you his faithful ones, and give thanks to his holy name" Psalm 30:4

JFD and The Lord's Table have had an ongoing relationship since 1984. Since then, JFD has helped by setting up, serving the guests, cleaning up, donating and sorting goods, and wrapping gifts. Our swimmers have mingled with guests and put on a fundraiser (exceeding \$5,000 dollars over two years) to purchase the new ovens that fed 40-60 guests per day for over 30 years.

The Lord's Table is more than a place to get a warm nourishing meal. It is where, to the extent possible, people are called to live responsible lives and are given the support, encouragement and practical help to make these changes possible. It is slow, difficult work, but lives are being changed, and you can be part of it.

These opportunities have not only served those who frequent the Lord's Table but us as well. We have grown in our understanding of how difficult life is for many, how successful our parents have been in providing for us, and how blessed we are. This is a ministry JFD has been a part of for almost 40 years, deriving pleasure in working directly where we see the ongoing results of our labors combined with many others in the community.

The Lord's Table Wish List

Donations we are requesting:

Canned black beans
Canned corn
Canned chili
Canned pork
Canned stew
Canned diced tomatoes
Canned fruit
Tomato sauce
Hot sauce
Pasta sauce
Corn muffin mix

Canned beans
Iced tea mix
Paper towels
Paper napkins
Cooking oil
Chicken and beef broth,
BBQ sauce
Noodles
Pasta
Lemonade Drink Mix
Instant Mashed Potatoes

Also, we are collecting donations for our
Annual JFD Sock Stuffing Event
for the homeless!

Donations we are requesting are:

White Athletic Socks

Travel-sized Toiletries:

Skin Cream/Lotion

Toothbrushes

Tooth Paste

Recycled Christmas Cards

Dental Floss

Shampoo

Bar Soap

The Lord's Table is located at Epworth United Methodist.

THANKS-
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DONATIONS
TO THE
LORD'S
TABLE



The Lord's Table is located at
Epworth United Methodist
9008 Rosemont Dr, Gaithersburg, MD 20877